## For more information or to make a referral

Psychiatric Consultation Service
Mood and Anxiety Disorders Service
Better Behaviours Service
Gender Identity Service
Psychotic Disorders Service
TAPP-C
Adolescent Service
**Tel.: 416 535-8501 ext. 4366**

SAPACCY
**Tel.: 416 535-8501 ext. 6767**

Youth Addiction and Concurrent Disorders Service
**Tel.: 416 535-8501 ext. 1730**

Youth Outreach Service
**Tel.: 416 535-8501 ext. 4548**





For information on addiction and mental health issues or other resources, please contact the CAMH McLaughlin Information Centre:
Ontario toll-free: 1 800 463-6273
Toronto: 416 595-6111

To make a donation, please contact the CAMH Foundation:
Tel.: 416 979-6909
E-mail: foundation@camh.net

If you have questions, concerns or compliments about services at CAMH, please call Client Relations Service:
Tel.: 416 535-8501 ext. 2028 or 2078

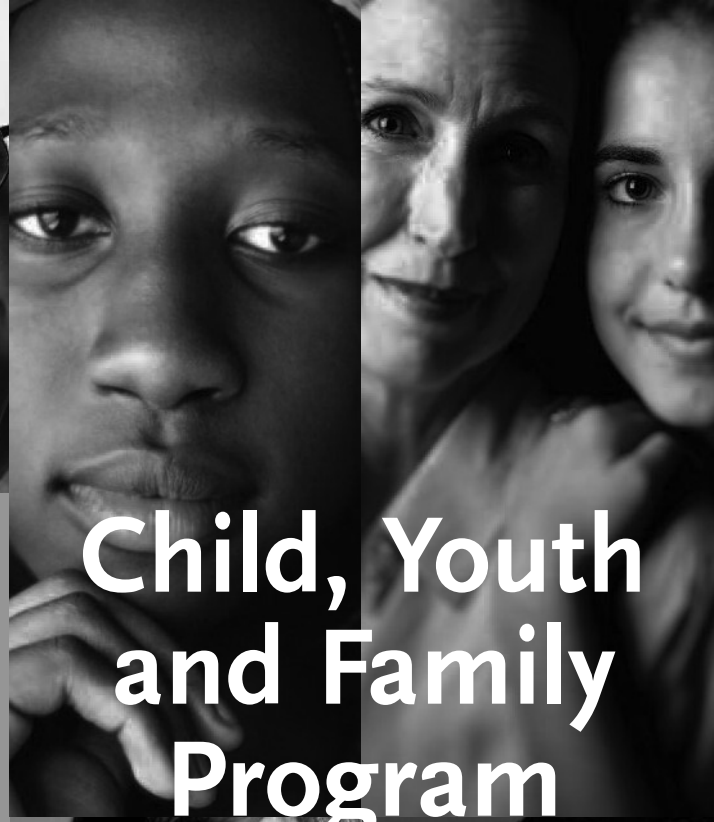
Website: www.camh.net

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camh
Centre for Addiction and Mental Health
Centre de toxicomanie et de santé mentale

A Pan American Health Organization / World Health Organization Collaborating Centre
Fully affiliated with the University of Toronto

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# Child, Youth and Family Program



camh
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# Child, Youth and Family Program

**Children and youth show their problems in different areas of their lives and in a variety of ways. A child or adolescent who functions well at home may have problems in another setting, such as in the classroom or with peers. Some young people may show signs of anxiety or depression, while others may exhibit aggression, get in trouble with the law or have difficulties with substance use.**

**As a parent or caregiver, you may feel confused and anxious about meeting the needs of a child or youth with these issues, and about where and how to seek information and treatment. The Child, Youth and Family Program, together with families and other caregivers, helps young people with mental health and/or addiction problems to function better at home, in school and with peers.**

## Who We Are

Our professional, experienced health care team includes psychiatrists, nurses, psychologists, social workers, child and youth workers, therapists and others. We work with and welcome clients from all backgrounds and cultures. In addition to our clinical services, we are involved in research, education, prevention and health promotion for child and youth mental health and addictions.

## What We Offer

The Child, Youth and Family Program is committed to client-centred care, providing intensive and specialized services for young people with mental health and/or addiction problems. We provide:

- comprehensive assessments
- medication consultations
- individual and family therapy
- specialized treatment groups for children and youth who have problems with mental health, substance use and/or other addictions
- day treatment and school programs
  - Classroom Assessment and Treatment for Children's Health (CATCH), for children with disruptive behaviour disorders
  - Recovery and Education for Adolescents Choosing Health (REACH), for youth with addiction and/or a concurrent mental health problem
- parenting programs offering information, education and support
- prevention services, including group programs in the community, as well as information and education sessions
- consultation on diagnostic and treatment issues for primary care physicians and other health care professionals.

## Our Services

We offer several outpatient services, each staffed by a team of health care professionals. They are:

- Psychiatric Consultation Service
- Mood and Anxiety Disorders Service
- Better Behaviours Service (for behavioural problems)
- Gender Identity Service
- Psychotic Disorders Service
- The Arson Prevention Program for Children (TAPP-C)
- Adolescent Service (for court-ordered assessments)
- Substance Abuse Program for African Canadian and Caribbean Youth (SAPACCY)
- Youth Addiction and Concurrent Disorders Service
- Youth Outreach Service (education and information for youth, caregivers and professionals).

We can also refer clients to other CAMH services if needed.